

Padstow United Sports Club Pledge

Club Responsibilities:

As part of a Padstow United Sports Team (and thus a representative of the Club):

- You are expected to (whether in uniform, at training or as a spectator at matches) comply with the BDAFA Code of Conduct – detailed below.
- You are expected to perform with your Team various ground, canteen and BBQ duties as assigned by the Club's committee. It is expected that each team will have one full day and one half day of duty assigned to it. The rosters for these duties will be determined as soon as the draws become available and each team's manager will then be responsible for scheduling its members to the assigned time slots. Failure to perform rostered duties may incur penalties / sanctions against the team / players. These penalties / sanctions may include fines, exclusion from award / trophy presentations, temporary suspensions through to player or team deregistration.

The Bankstown District Amateur Football Association codes of acceptable conduct are:

Players

- Play by the rules.
- Never argue with an official. If you disagree, have your captain, coach or manager talk to the official during a break or after the game.
- Control your temper. Verbal abuse of officials or other players, deliberately distracting or provoking an opponent is not acceptable or permitted in any sport.
- Work equally hard for yourself and/or your team. Your team's performance will benefit, so will you.
- Be a good sport. Applaud all good plays whether they be your team, opponent or the other team.
- Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player.
- Co-operate with your coach, teammates and opponents. Without them there would be no competition.
- Play for the fun of it, and not just to please parents and coaches.

Administrators & Officials

- Give all children an equal chance to participate.
- Ensure that rules, equipment, length of games and training schedules suit the age, ability and maturity level of players.
- Provide quality supervision and instruction for players.
- Remember that children participate for enjoyment. Don't over-emphasise awards.
- Help coaches and officials highlight appropriate behaviours and skill development, and help improve the standards of coaching and officiating.
- Ensure everyone involved in junior sport emphasises fair play, not winning at all costs.
- Give a Code of Conduct sheet to officials, coaches, players, parents and spectators and encourage them to stick to it.
- Think before you speak. Don't say anything that could disadvantage anyone within your club or association.
- Compliment and encourage all players.

Coaches

- Remember that children participate for pleasure and that winning is only part of the fun. Never ridicule or yell at a child for making a mistake or losing.
- Be reasonable in your demands on young players' time, energy and enthusiasm.
- Teach your players to always follow the rules, which are unbreakable.
- Whenever possible, group players to ensure that everyone has a reasonable chance of success.
- Avoid overplaying the talented players. The just-average need and deserve equal time.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of the players.
- Develop team respect for the ability of opponents and for the judgement of officials and opposing coaches.
- Follow the advice of a physician when determining when an injured player is ready to recommence training or competition.
- Keep up to date with the latest coaching practices and the principles of growth and development of children.

Parents / Spectators

- Encourage children to participate, do not force them. Remember that organised sport is for children's enjoyment, not yours.
- Focus on the child's efforts and performance rather than Winning or losing.
- Encourage players to always participate by the rules and official's decisions.
- Never ridicule or yell at a child for making a mistake or losing a game.
- Positive comments are motivational.
- Remember that children learn best by example. Applaud good performance and efforts from each team.
- Congratulate all participants upon their performance regardless of the game's outcome.
- Respect officials' decision and teach children to do likewise. Respect for your team's opponents -without them there would be no game.
- Show appreciation of volunteer coaches, officials and administrators.
- Without them, your child could not participate.
- Support all efforts to remove verbal and physical abuse from sporting activities. Do not use foul language or harass players, coaches or officials.
- Condemn the use of violence in any form, be it by spectators, coaches, officials or players.